

Lunch Menu

Chef's Cover bread, butter, chef's daily speciality	4.00€
Extra bread	1.00€

Starters

Vegetable Soup	6.00€
Portuguese Fish & Seafood Soup	11.00€
Cherry Tomato, Chilli & Avocado Bruschetta 🌿🌶️	8.50€
Chef's Ceviche 🌶️	15.50€
Grilled Goat Cheese poached pears & caramelized walnuts	16.50€
Fillet of Beef Tataki with edamame beans, miso dressing, wasabi peas & soya sprouts	17.50€
Smoked Salmon with avocado, prawns and cocktail sauce	17.50€
Salmon Fishcakes on a litemayo hummus 🌶️	10.00€
Crispy Panko Prawns with mango sauce 🌶️	14.50€
Prawns À Guilho with olive oil, garlic & coriander	16.50€
Clams "Bulhão Pato" garlic, white wine & coriander	23.00€

Salads

Chicken Caesar	16.50€	Prawn Caesar	18.50€
bacon, mixed salad leaves, croutons, parmesan shavings, caesar dressing			
Sandbanks prawns, chicken, bacon, mozzarella, pineapple, egg, mixed salad leaves, cucumber, tomato & cocktail sauce	17.00€		
Salmon Tataki with julienne vegetables, avocado, wasabi peas & white miso ginger dressing	18.50€		

Main Dishes

Fillet Mignon 250g, fries, roasted cherry tomato, pepper or mushroom sauce ..	34.00€				
Grilled Chicken (Piri Piri or Plain) Fries, Tomato & onion salad	18.00€				
(Up to 30 minutes wait)					
Sandbanks Curry: 🌶️ Vegetable 🌿	18.50€	Chicken	19.50€	Prawn	23.00€
basmati rice & poppadom					
Sandbanks Burger 100% beef in a sesame bun with cheese, bacon, caramelised onion, lettuce, tomato, fries	20.50€				
Mushroom Arancini broccoli & cherry tomato chutney 🌿	21.50€				
Sandbanks Special Prawns tiger prawns (4 units size 10/15) in olive oil, butter, garlic, ginger, coriander, chilli, orange & lime zest with african rice* 🌶️	51.00€				
Prawn Linguini lime, coriander, ginger, fresh chilli 🌶️	22.50€				
Seafood Rice (for 2pax)	75.00€				
Cataplana Algarvia portuguese seafood stew (for 2pax)	75.00€				
Fillet of the Day Portuguese Style	25.00€				

*Please note our African rice contains nuts

Lunch Menu

Grilled Fish & Seafood

Salmon Fillet	24.50€	Seabream	29.00€
Seabass	29.00€	Squid	24.50€

All our grilled fish is served with new potatoes & a selection of steamed vegetables

Please ask your waiter for our selection of daily fresh fish & seafood sold by €kg.

Our fresh fish is subject to availability.

Shellfish

Tiger Prawns Grilled	120€/Kg	Tiger Prawns Thermidor ..	135€/Kg
Lobster Grilled or Thermidor	145€/Kg	Fresh Crab	65€/Kg

All our shellfish is sold by €kg. Discounts are not available on Shellfish.

We recommend to pre-order your own selection & size of fresh fish or seafood for that extra special meal.

Please ask your waiter to make your reservation. 24h notice required.

Sides

Fries	4.50€	Basmati Rice	5.00€	African Rice* 🌶️	6.50€
Mixed Salad	6.00€	Tomato & Onion Salad ..	6.00€	Green Leaf Salad ..	5.00€
New Potatoes	4.00€	Steamed Vegetables	5.00€		

*Some of our dishes may contain nuts. In case of allergies, please inform your waiter.
Some of our filleted fish may contain bones.

Tax included at current rate. Service not included. We regret to inform you, we do not accept AMEX.
No dish, food product or drink including cover may be charged if not requested by the customer.



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All tips goes directly to the Staff.

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Price of call according to the nacional rate for mobile and phone numbers

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