

Dinner Menu

Chef's Couvert bread, butter, chef's daily speciality..... 3.25€
Extra bread..... 0.50€

Starters

Roasted Vegetable Soup	5.50€
Fish & Seafood Soup Portuguese Style	10.50€
Cherry Tomato, Chilli & Avocado Bruschetta 🌶️🍅.....	8.50€
Salmon Fishcakes on a limemayo hummus 🌶️.....	9.50€
Clams «Bulhão Pato» garlic, white wine & coriander.....	22.00€
Prawn Cocktail Classic Style	14.50€
Sandbanks Special Prawns tiger prawns (2units size 10/15), olive oil, butter, garlic, ginger, coriander, orange & lime zest 🌶️.....	24.50€
Seared Scallops on parsnip puree.....	19.00€
Smoked Salmon avocado, prawns & cocktail sauce.....	17.50€
Prawns à Guillo olive oil, garlic & coriander.....	16.50€
Lime & Ginger Coconut Mussels	18.00€
Chef's Ceviche 🌶️.....	15.00€
Lobster Tower avocado, cucumber, tomato & mango.....	21.50€
Crispy Panko Prawns with a spicy mango sauce 🌶️.....	14.50€
Calamari tartar sauce.....	11.00€
*Grilled Goat Cheese poached pears & caramelized walnuts 🍏.....	16.00€
Fillet of Beef Tataki edamame beans, miso dressing, wasabi peas & soya sprouts.....	17.50€
Parma Ham & Melon	13.00€

Fish & Seafood

Prawn Linguini lemon, ginger, coriander & fresh chilli 🌶️.....	22.50€
Monkfish OR Grouper & Prawn Rice (1pax).....	27.00€
Monkfish OR Prawn Curry basmati rice & poppadom 🌶️.....	23.00€
Fillet of Salmon gratin potatoes, sautéed baby broccoli & lemon butter sauce.....	25.50€
Fillet of the Day Portuguese Style 25.00€ Tuna Portuguese Style 28.00€ tomato sauce, white wine, peppers, onions & sautéed potatoes	
Grilled Squid new potatoes & steamed vegetables.....	24.50€
Tuna Tataki julienne vegetables, avocado, wasabi peas & white miso ginger dressing.....	18.50€
*Crispy Panko Prawns african rice & spicy mango sauce 🌶️.....	23.50€
**Prawns & Monkfish Kebab peppers, onion & african rice 🌶️.....	29.00€
**Pan Fried Fillet of Seabass lime risotto & julienne vegetables.....	26.50€
Salmon Poke Bowl sushi rice, avocado, cucumber & edamame beans.....	17.50€
Chef's Salad smoked salmon, prawn, potato salad, coleslaw, smoked salmon tartar, cocktail sauce and honey & mustard sauce.....	24.00€

Sandbanks Seasonal Specials

Cataplana Algarvia portuguese seafood stew (2pax).....	75.00€
Seafood Rice Portuguese Style a mixture of fish & shelfish cooked with rice (2pax).....	75.00€
*Sandbanks Special Prawns tiger prawns (4units size 10/15) in olive oil, butter, garlic, ginger, coriander, orange & lime zest with african rice 🌶️.....	49.00€
Tiger Prawns Thermidor Style	135.00€/Kg

Dinner Menu

Grilled Fish

Seabream 29.00€ **Grouper** 32.00€ **Tuna** 27.50€ **Seabass** 29.00€ **Salmon** 24.50€

Please ask your waiter our daily selection of fish (sold by €/Kg)
All our grilled fish is served with potatoes & a selection of steamed vegetables

Pre-order your own selection & size of fresh fish or seafood for that extra special lunch
Please ask your waiter to make your reservation. 24hrs notice required.

 **Salt Baked** 
Fresh Seabass or Golden Bream (€/Kg)
served with new potatoes & steam vegetables

These are subject to availability and we highly recommend that you pre-order to avoid disappointment.

(This dish may take up to 1h preparation)

Shellfish

Tiger Prawns (Grilled) 120€/Kg | **Fresh Crab** 65€/Kg | **Oysters** (pre-order)

Grilled Lobster 140€/Kg | **Lobster Thermidor** 145€/Kg

All of our shellfish is sold by the Kg. Discounts are not applicable.
Our crabs & lobsters are from our live aquarium and may take 30-45 minutes to prepare.

Meat

***Filet Mignon** gratin potato, roasted cherry tomato, pepper or mushrooms sauce 34.00€
Make it a Scallop or Prawns Surf & Turf. +12.00€

Herb Crusted Rack of Lamb gratin potato, roasted cherry tomato & port wine sauce. 38.00€

***Chicken Curry** basmati rice & poppadom  18.50€

***Deluxe Burger** 100% ground prime beef, smashed avocado, bacon, cheese, egg,
caramelised onion relish & fries 24.50€

Chicken Cordon Bleu panko crust, mashed potato, spinach & gorgonzola sauce. 22.50€

Vegetarian & Vegan

Vegetable Curry basmati rice & poppadom   17.50€

Mushroom Arancini sautéed baby broccoli & cherry tomato chutney  21.50€

***Burrata** basil tomato & sweet chilli sauce  17.00€

Sides

***Gratin Potato** 5.00€ **Sweet Potato Fries** 5.50€ **New Potatoes** 4.00€

Mixed Salad 5.50€ ***African Rice** 5.50€ **Basmati Rice** 4.50€

Fries 4.50€ **Baby Broccoli** 5.50€ **Mashed Potato** 5.00€

Tomato & Onion Salad 5.50€ **Steamed Vegetables** 4.50€

Some of our dishes may contain nuts. In case of allergies, please inform your waiter.
Some of our filleted fish may contain bones.

Tax included at current rate. Service not included. We regret to inform you, we do not accept AMEX.
No dish, food product or drink including cover may be charged if not requested by the customer.

All tips goes directly to the Staff.

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